

HLC @ The Arena Sports Factory!

...for boys entering grades 3-8



HARFORD LACROSSE CAMP



EST. 1981

Mon, July 11 – Fri, July 15, 2022

SHORT DAY 9 a.m. – 3 p.m.

\$325

Monday – Friday

Drop off: 8:00 a.m. – 9:00 a.m.

Warm Up with Arena Sports Factory trainers

Outdoor/Indoor practice sessions

Guest Speakers/Prize Giveaways/Video Presentation/Chalk Talk

Contests and competitions

Pick up: 3:00 p.m. – 3:30 p.m.

**Campers will provide own bag/cooler lunch each day of camp*

***Camp Awards program will take place at 2 pm Friday...parents encouraged to attend!*

- Elite training facility and equipment
 - Coaches are **CERTIFIED TEACHERS**
 - Age appropriate position-specific instruction
 - Reversible practice jersey
 - Speed and agility training with The Arena Sports Factory trainers
 - Awards ceremony for campers and parents
 - Written evaluation for each camper
- **JOHN GRUBB** ALL-AMERICAN TOWSON U; 2-TIME STATE CHAMPION AND 3-TIME STATE FINALIST HEAD COACH NORTH HARFORD HS; 2-TIME STATE CHAMPION ASST. COACH PATTERSON MILL; MEMBER OF McDONOUGH SCHOOL, NHHS, TOWSON U AND MSLCA HALLS OF FAME; CURRENT ASST. COACH HDGHS.
- **JASON BELLAMY** CURRENT HEAD COACH HAVRE DE GRACE HS; FORMER HEAD COACH 2-TIME STATE CHAMPION, 2-TIME STATE FINALISTS, AND 6-TIME REGION CHAMPION PATTERSON MILL HS; 2019 MARYLAND PUBLIC SCHOOL COACH OF THE YEAR; 2011 AND 2018 US LACROSSE HARFORD COUNTY COACH OF THE YEAR; 2016 ATHLETIC DIRECTOR OF THE YEAR; MARYLAND STATE LACROSSE COACHES ASSOC PRESIDENT; 2016 MLSCA MAN OF THE YEAR
- **FRANK MEZZANOTTE** ALL-AMERICAN TOWSON U; 3-TIME STATE CHAMPION HEAD COACH EDGEWOOD HS; FORMER HEAD COACH HCC; DEFENSIVE COORDINATOR, JOHN CARROLL SCHOOL; MEMBER OF TOWSON U, EDGEWOOD HS, WEST ISLIP HS, AND MSLCA HALLS OF FAME CURRENT DIVISION II COLLEGE ASST COACH.



For more information and to register online visit www.alldivlax.com



Harford Lacrosse Camp



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